

**Responsibilities of the
Counselors in Training**

The Counselor in Training (**CIT**) program is designed to train potential future staff members for camp and at the same time to provide training for junior leaders and instructors in troops. The program is structured to help youth grow; to work with peers and adults; and to develop leadership skills, teaching ability, and responsibility.

The program typically includes basic Scouting principles, purposes, and goals: the interrelationships of a Scout camp staff; skills instruction; teaching methods and procedures such as planning of instruction, giving and receiving information, learner-leader relationships, counseling, song leading, discipline, and self-evaluation; practice teaching of Scout skills with supervision and critique; physical labor; and strict discipline with an emphasis on promptness and the fulfillment of one's obligations. An opportunity to complete some Scout advancement requirements usually will be provided.

Counselor in training must:

1. Be a registered member of the Boy Scouts of America.
2. Be at least 14 years of age when in camp as a CIT.
3. Have experience in unit leadership and have the recommendation of the unit leader.
4. Hold the rank of First Class Scout or higher.
5. Be in excellent mental and physical health.
6. Have parental approval for participation in all phases of the program. Once accepted, a CIT is obligated to participate in the entire program.

Revised 2010/11 jwm