## Black Swamp Area council #449



## **Scouting America**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 8:00 am		Biscuit's & Gravy Scrambled Eggs Bacon Hash browns Oatmeal, Assorted Cold Cereal Milk, fruit juice, Coffee Yogurt *Hand Fruit	French Toast Ham Syrup, Butter Oatmeal, Assorted Cold Cereal, Milk, Coffee Yogurt *Hand Fruit	Outbound Menu Eggs Ham,, Oatmeal Assorted Cold Cereal Milk, Fruit Juice Yogurt *Hand Fruit	Pancakes Sausage Links Syrup, Butter Oatmeal, Assorted Cold Cereal Milk, Fruit Juice, Yogurt Coffee *Hand Fruit	Scrambled Eggs Bacon Home Fries Oatmeal, Assorted Cold Cereal, Milk, Fruit Juice Yogurt Coffee *Hand Fruit	
Lunch 12:30 am		Turkey & Chicken Mini Sub Cheese Chips *Hand fruit **Gatorade ***Salad Bar ****Cookie Water	Soft tacos Ground Beef , Refried Beans, Rice, Lettuce, Tomato, Cheese, Salsa Sour Cream Nacho Chips *Hand fruit **Gatorade ***Salad Bar **** Pudding Water	Grilled Ham and Cheese Sandwiches Chips *Hand Fruit **Gatorade ***Salad Bar ****Dump Cake Water	Lunch Lady Pizza Tatar Tots Mini Corn Dog *Hand Fruit **Gatorade ***Salad Bar ****Pudding Water	Chicken strips Dipping Sauce Mac and Cheese *Hand Fruit **Gatorade ***Salad Bar ****Salad Bar ****Apple Sause Water	
Dinner 6:00pm	Spaghetti w meat sauce Garlic toast Mix vegs. *Hand Fruit **Gatorade ***Salad Bar ******Ice Cream	Chicken Cordon Blue Mashed Potatoes Gravy Green Beans Roll & Butter *Hand Fruit **Gatorade ***Salad Bar ****Pineapple	Outbound menu Dutch oven Goulash Dinner roll & butter Corn Side Salad Cookies *Hand fruit **Gatorade	Saulsberry steak Gravy Baked Potato Veg Medley Roll & butter *Hand fruit **Gatorade ***Salad Bar ****Banana Pudding	Turkey and Stuffing Casserole Seasoned Potatoes Candy Carrots *Hand fruit **Gatorade ***Hand fruit ***Coffee Cake	Lakota Fest BBQ Chicken Legs Hot Dog & Bun Bake Beans Cold Slaw Chips **Gatorade *****Cookie and Ice Cream	



Scouting America dining hall is a nut free facilities. However Peanut butter substitute and jelly are available upon request.

\* Hand Fruit: My include Apples, Orange, and Bananas.

\*\*Gatorade: My include Fruit punch, Cherry, Lemonade, and Grape these drinks may have red dye 40.

\*\*\*Desserts: My include sugar cookies, chocolate chip cookies, brownies, cake, cobble, ice cream, pudding

\*\*\*\*Salad Bar: may include mix lettuce, tomato, peppers, cucumber, diced ham, chicken, turkey cheese, bacon bits, pasta salad, macaroni salad, Etc. canned fruit.

If you have any food allergies fill out allergy form so the food staff can have needed supplies ready for your week stay.

The menu is subject to change based on product availability.