



PROJECT C.O.P.E.

What is Project C.O.P.E.?

Project COPE provides an opportunity for each participant to achieve success as an individual and as a member of a patrol or team. The activities are not designed to be competitive or to be races against time. The objectives include building teams, solving problems, making decisions, and developing trust, communication, leadership, planning, and self-esteem as team members cooperate to achieve goals upon which they have agreed. **The course is designed to foster personal growth among both youth and adult participants.**



***CHALLENGING
OUTDOOR PERSONAL
EXPERIENCE***

***“TRAINING THROUGH
THE BODY, NOT OF
THE BODY.”***

**Day 1:
Ground Work & Low COPE**

**Day 2:
High Ropes COPE Course**

**Outbound:
High Ropes Course & Zipline**

**WHO CAN PARTICIPATE
IN PROJECT COPE?**

ADULTS & YOUTH

may participate in Project COPE. Participants must be 13 years old by January 1st to participate in course activities. Optimum group size is 8-14 participants.

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Offered Monday and Tuesday mornings, leaving Thursday and Friday open for other program opportunities! There is even a corresponding Outbound!